November 8, 2026

Hello West Bedford High Families,

This year our school is collecting donations to give the gift of holiday cheer to families in our school and community. In partnership with Schools Plus, Leadership 12, and Student Council, West Bedford High will be collecting items to support our families and the Bedford Lions community pantry program this holiday season! Our campaign will run from November 10 through December 8. Each homeroom will have a collection box where students can drop off donations; here is a list of suggested items for donation:

- non-perishable food items such as:
    - packaged gravy
    - cranberry sauce
    - packaged mashed potatoes
    - Stuffing
    - canned soups and stews
    - peanut butter
    - boxes of cereal
    - canned fruits and vegetables
    - rice
    - pasta and pasta sauce
    - canned and powdered milk
    - grocery store gift cards (Walmart, Atlantic Superstore, Sobeys)
    - cash donations
    - gloves and mittens

Thank you for being part of our initiative to do something good for West Bedford High and our surrounding community!

1. **Light-Up Bedford Parade is seeking Volunteers**. They are seeking adult volunteers to assist with safety monitoring at barricaded street connections to the Bedford Highway at various points along the parade route on November 22nd. These volunteers will get a prime viewing spot for the parade (and they could readily have family and friends gather next to the location).

Anyone interested in helping out is invited to reach out to parade director Anne Marie Baker at baker.annemarie@gmail.com or 902-225-1598.

2. **Don't forget to pick up COBS bread card!! .** COBS cards are now available for pick up. If you are picking up or having it sent home with your student, you will need to sign/initial for it (parent or student). Each card is numbered, so if it is lost we cannot replace it. Please know once the card leaves the school we are not responsible to provide another if it is lost as these have an $87 dollar value. **Pick up time is 1:30 to 4:00pm any day this week. Students picking them up can come to the office and sign for them.**

   We also have some extra cards if people are interested in buying, $40.00 cash at the office.

3. **Lifetouch school pictures order discount**. **ENJOY 10% OFF your order! CODE: F202610OFF** **EXPIRES: July 31, 2027**

4. **Our school clothing e-store is open for business!** Make sure to check out our online spirit shop for all your Wolves swag. Hoodies, T-shirts, sweats, jackets, water bottles and much - all with our school logo and in a range of styles and colours. Plus, 10% of every purchase goes back to the school to support our programs. Go to https://wbhwolves.entripyshops.com/ to see what's available. The school member code is WBHS5F81. Get your gear now!

November 11 is Remembrance Day

Each year on November 11, people across Canada pause at the 11th hour to remember. The poppy we wear, the silence we observe and the stories we share are ways of keeping the memory of those who served, those who never returned home, and the lasting impact of war alive for future generations.

In our schools, Remembrance Day offers students an opportunity to explore the meaning behind these traditions and consider what remembrance looks like today. As we honour the past, we also reflect on the importance of peace, kindness and understanding in our own communities.

We invite families to join Canadians across the country in taking a moment to remember.

November 13-19 is Transgender Awareness Week

Transgender Awareness Week is an opportunity to reflect on how kindness, inclusivity and understanding help create welcoming school communities where everyone feels they belong. Taking time to learn about experiences different from our own, listening with an open mind and treating others with respect can make a meaningful difference in someone's day and sense of belonging.

Families can help reinforce these values by encouraging children to lead with kindness, embrace differences and recognize that everyone deserves to be treated with dignity and compassion. Together, we can help create school communities where every student feels welcome, valued and supported.

Happy Diwali

Diwali, also known as the Festival of Lights, is celebrated by millions of people around the world, including Hindus, Sikhs, Jains and some Buddhists. The celebration carries different meanings across traditions, but often centres on themes of light overcoming darkness, good overcoming evil, and hope, renewal and new beginnings.
Celebrations may include lighting diyas (small oil lamps), decorating homes, sharing special foods, exchanging gifts and gathering with family and friends. Diwali is an opportunity to learn about the diverse traditions and cultures represented in our school communities and to celebrate the many ways people find meaning, connection and joy.

We wish all those celebrating a happy Diwali!

<u>Important dates to remember November</u>

- **Sun., Nov. 8: Indigenous Veterans Day**
- **Wed., Nov. 11: Remembrance Day - No classes PP-12**
- **Nov. 13-19: Transgender Awareness Week**
- **Nov 18: SAC meeting 6pm**
- **Nov. 23: Report Cards go home**
- **Nov. 26 : High school dance (grades 9-12)**

Sincerely,

WBH Admin team