

October 4, 2026

Hello West Bedford High Families,

Please see info below for the upcoming weeks.

October is Mi'kmaq History Month

Each October, Mi'kmaq History Month provides an opportunity to deepen our understanding of Mi'kmaq culture, history, language and traditions, while recognizing the important contributions of Mi'kmaq people past and present.

Across our schools, students and staff may mark the month through learning, storytelling, art, community connections and cultural experiences that bring Mi'kmaq perspectives into the classroom and school community.

As we learn together, Mi'kmaq History Month reminds us of the importance of listening, building relationships and continuing our shared commitment to truth and reconciliation.

Learn more about Mi'kmaq History Month [here](#).

1. **Our COBS Bread fundraiser is Back!! Get your COBS card now, up on Schoolcash to order.** We are excited to partner again with **COBS Bread Larry Uteck** on a delicious fundraiser opportunity for our school! See attached sample booklets. Please note the expiry date on our booklet would be Oct. 1 2027. For just **\$40**, you'll receive a **Bread for a Year voucher booklet** with **12 vouchers for FREE loaves of fresh bread** (valued at up to \$87). Families can redeem one loaf per month at COBS Bread Larry Uteck.

Here's how it helps:

Each booklet sold raises **\$20 directly for our school**. **These funds are used to support a wide range of programs and extra-curricular activities.**

Families enjoy healthy, fresh bread at an incredible value.

It's simple, practical, and supports both our community and our school.

Vouchers are valid for a full year and make a wonderful gift for friends, neighbors, and relatives too!

 **How to purchase:** School cash or in person(cash) starting Thursday Oct. 1st and ending Oct.16. Voucher booklets can be sent home with student or picked up at the school once the fundraiser is over. More info on pickup once we get closer to the end of the fundraiser.

📍 **Where to redeem:** COBS Bread, Larry Uteck Plaza - Unit 104, [38 Ella Lane, Bedford](#)

Thank you for supporting our school while enjoying fresh, delicious bread all year long!

2. **Please Complete the Returning Student Registration Form:** The Returning Student Registration Form (formerly Demographic Updates Form) is available to families from September 9 to October 5. This form is accessed via the PowerSchool Parent Portal and is an opportunity each year to review and update student information and also includes our yearly permissions and consents.

3. **France Trip 2028!!** France Deux ! Are you interested in your child visiting Paris, Avignon, and the boardwalks of the French Riviera in 2028? Come to an information session Oct. 19th at 6:30 pm at WBH with Mr. Hare and Mme. Salah.

4. **WBH Athletics**

Junior High Volleyball Coaches Wanted!

Our junior high girls and boys volleyball teams need coaches for this season. We have a very enthusiastic group of students who would like to play, and unfortunately these teams will not run unless we have coaches in place.

If you or someone you know would be interested in taking on this position, please contact Emily Bell at ebell@hrce.ca for more information!

High School Basketball

Anyone interested in playing high school basketball, tryouts will be coming up shortly! The boys' tryouts will start on October 16th and girls' tryouts will start on the 19th. If your student is interested in playing this year, please fill out the appropriate form below!

Girls Basketball

<https://forms.gle/8Q6NyEoUzw3Q871t5>

Boys Basketball

<https://forms.gle/b5iz9QL2VrWGyMP6A>

5. **Overdue Student Fees (\$10.00).** We are only at about 65% of student fees paid, please pay ASAP. Student fees (\$10.00) are due, please make sure you pay through School Cash online. These fees are used for student council and other events put on by the school. Students cannot participate in extra-curricular activities if student fees are not paid. We have one of the lowest fees of all high schools. If you have already paid, please disregard school cash as it set to all students.
6. **Our school clothing e-store is open for business!** Make sure to check out our online spirit shop for all your Wolves swag. Hoodies, T-shirts, sweats, jackets, water bottles and much - all with our school logo and in a range of styles and colours. Plus, 10% of every purchase goes back to the school to support our programs. Go to <https://wbhwolves.entripyshops.com/> to see what's available. The school member code is WBHS5F81. Get your gear now!
7. **WBH School (7-12) contact email (grade 7-12) - WBHS@hrce.ca**
Safe arrival email (attendance) - wbhsa@hrce.ca / 902-405-0442 press 1 leave message

WB School (pre-primary – 6) 902-405-0337

8. **Fire Prevention Week: October 4-10**

Halifax Regional Fire & Emergency is inviting families to take part in Fire Prevention Week, October 4–10. Visit halifax.ca/fpw to complete an online fire safety quiz.

Want to win a Nintendo Switch, Apple products or LEGO sets? Participants who score 100% will be entered into a draw for a prize in their age category.

This year's theme, "Safe Charging is a Superpower," focuses on the safe use and charging of rechargeable devices powered by lithium-ion batteries. These batteries power many everyday devices, including phones, tablets, laptops, e-bikes and power tools. If damaged or charged improperly, they can overheat and cause fires.

Visit halifax.ca/fpw for contest details, videos and fire safety resources, and take a few minutes to test your smoke alarms and review your home fire escape plan.

Important dates to remember in October

- October is Mi'kmaq History Month
- October is Canadian Library Month
- **Thursday, Oct. 8: Junior High Dance (grades 7 and 8) - 7:00 - 8:30pm**
- Mon., Oct. 12: Thanksgiving - No classes PP-12
- Fri., Oct. 23: NSTU Conference Day - No classes PP-12
- October 19-23: School Bus Safety Week

Sincerely,

WBH Admin team