October 12, 2026

Hello West Bedford High Families,

Hope everyone has a great Thanksgiving holiday weekend. Please see info below for the upcoming weeks.

West Bedford School/High School Community Event October Community Flyer 2026.pdf :

- When: October 29, 2026 - 6:00pm - 8:00pm
- What: Movie, Crafts, Trick-or-treating, Haunted House
- Where: West Bedford High
- Costumes are optional
- There will be concessions to purchase

Families are encouraged to bring a food/cash donation for to kick off our holiday food drive.

1. **The Canadian Post-Secondary Tour** will be coming to WBH on Thursday October 29 from 6-7:30pm. Parents and Students are invited to meet with representatives from universities, colleges, and professional programs from across the country. This is a great opportunity to gather information and ask questions about available programs, admission requirements, and the application process.

2. **Take Our Kids to Work Day (TOKWD) - Wednesday, November 4, 2026.** This day has proven to be an excellent opportunity for schools to support valuable career exploration experiences for grade nine students and their families. As in past years, Take Our Kids to Work Day is being organized by our school counsellors. All grade nine students will be expected to participate in this career exploration opportunity or to attend school to complete alternate career exploration modules. We will be including a short assignment including interview questions for the host as well as a summary and reflection of the day.

   Students going with a family member are required to complete the School Activity Consent Form. Students going with someone other than a family member are required to fill out the School Activity Consent Form **and** the CBL Risk Assessment Form. These forms will be distributed and collected by the grade 9 homeroom teachers.

3. **Last week to order your COBS bread card!! Get your COBS card now, up on Schoolcash to order.** We are excited to partner again with **COBS Bread Larry Uteck** on a delicious fundraiser opportunity for our school! See attached sample booklets. Please note the expiry date on our booklet would be Oct. 1 2027.
   For just **$40**, you'll receive a ***Bread for a Year*** **voucher booklet** with **12 vouchers for FREE loaves of fresh bread** (valued at up to $87). Families can redeem one loaf per month at COBS Bread Larry Uteck.
   Here's how it helps:
   Each booklet sold raises **$20 directly for our school**. These funds are used to support a wide range of programs and extra-curricular activities.
   Families enjoy healthy, fresh bread at an incredible value.
   It's simple, practical, and supports both our community and our school.
   Vouchers are valid for a full year and make a wonderful gift for friends, neighbors, and relatives too!
   🗓 **How to purchase:** School cash or in person(cash) starting Thursday Oct. 1st and ending Oct.16. Voucher booklets can be sent home with student or picked up at the school once the fundraiser is over. More info on pickup once we get closer to the end of the fundraiser.

   📍 **Where to redeem:** COBS Bread, Larry Uteck Plaza - Unit 104, 38 Ella Lane, Bedford
   Thank you for supporting our school while enjoying fresh, delicious bread all year long!

4. **Remembrance Day ceremony - Images for slide show.** The Remembrance Day committee is looking for images of West Bedford high student family members who are veterans or have served time in the Armed Forces. They are putting together a slideshow, and they can send the pictures to Ethan Gillars at gej288050@gnspes.ca.

5. **Scent Aware reminder.** This is a reminder to all families and students that schools in Nova Scotia are scent aware environments. There are staff and students in our building that are impacted negatively when exposed to scents from lotions, colognes, and perfumes. Please avoid heavily scented products during the school day. Individuals who continue to enter the school wearing strong scents after it has been addressed , will be considered insubordinate as per the provincial code of conduct. Please review this with your student.

6. **October 19-23 is School Bus Safety Week**
Every school day, thousands of HRCE students rely on the bus to get to and from school safely.School Bus Safety Week is a chance to highlight the simple habits that help keep everyone safe — from waiting well back from the road, to following the driver's instructions, to staying alert around stopped school buses. With more than 33,000 HRCE students travelling on more than 400 buses each day, safety depends on all of us: students, families, drivers, schools and motorists.
This week is a good opportunity to review a few everyday reminders and help reinforce safe routines on the bus, at the stop and on the road.

Bus Stop Safety
Be on time for the bus and please don't run to/from the bus.
Stand back off the road and don't push or shove when waiting at a stop.
Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.
Never crawl under a school bus or cross the road behind the bus.
Know the danger zones around the bus.

School Bus Safety
Please respect and listen to the driver and avoid distracting them.
Please keep noise levels to a minimum.
Do not stand or move seats while the bus is in motion.
Never put your hands, arms, feet or head out of the bus window.
Ask the driver for permission before you open the bus windows.
Do not throw anything inside the bus or out of the windows.
Keep the aisle clear at all times when the bus is in motion.

Remember: In Nova Scotia, it's illegal to pass a school bus when its red lights are flashing and the stop arm is extended.
You can find out more information about riding the school bus in HRCE **here**.

7. **France Trip 2028!!** France Deux ! Are you interested in your child visiting Paris, Avignon, and the boardwalks of the French Riviera in 2028? Come to an information session Oct. 19th at 6:30 pm at WBH with Mr. Hare and Mme. Salah. Allons-y !"

8. **WBH Athletics**
High School basketball tryouts will be starting this Friday October 16th.
Boys Basketball Tryout Schedule:
Friday Oct 16th - 3:30-5:00pm
Monday Oct 19th - 7:30-9:00pm
Tuesday Oct 20th - 7:30-9:00pm

Girls Basketball Tryout Schedule:
Monday Oct 19th - 3:30-5:00pm
Tuesday Oct 20th - 3:30-5:00pm
Thursday Oct 22nd - 3:30-5:00pm

**For those interested in Junior High Basketball, those tryouts will not be happening until later in November.

Junior High Volleyball

Tryouts will be starting up this week. All players interested please listen to announcements for dates and times, and check in with Ms. Bell if you have any questions.

9. **Our school clothing e-store is open for business!** Make sure to check out our online spirit shop for all your Wolves swag. Hoodies, T-shirts, sweats, jackets, water bottles and much - all with our school logo and in a range of styles and colours. Plus, 10% of every purchase goes back to the school to support our programs. Go to https://wbhwolves.entripyshops.com/ to see what's available. The school member code is WBHS5F81. Get your gear now!

Important dates to remember in October

- **October is Mi'kmaq History Month**
- **October is Canadian Library Month**
- **Friday, October 23: NSTU Conference Day - No classes PP-12**
- **October 19-23: School Bus Safety Week**

Sincerely,
WBH Admin team