

September 13, 2026

Hello West Bedford High FamiliesHello West Bedford High Families,

Please see info below for the upcoming weeks. There will be a lockdown drill this week.

1. **New Grade 7 late FI class.** This week we will be scheduling our additional grade 7 late French Immersion class. Schedule and attendance will not be able to be viewed on Wednesday as the new schedule is entered. Teachers will be doing attendance old school on paper class lists. This will impact some teachers that students may have currently at the Junior High level as some teachers assignments may change due to addition of this extra class. This will have little or no impact on the high school courses.
2. **Terry Fox Run.** West Bedford High students will be participating in a walk for Terry Fox on Thursday afternoon. Grades 7-9 from 1:30 - 2:15 and our grades 10-12 from 2:25 - 3:10. Our school's goal is to raise \$1000.00. Our student council is collecting "Toonies for Terry" next week.
3. **This month is Suicide Prevention Awareness Month** - <https://mentalhealthns.ca/suicide-prevention-month/>. Our Leadership 12 class has created a Doodle/Positive message wall outside of student services where students are encouraged to leave a fun note or doodle on their way by. Stop by to brighten someone else's day!
4. **Italy March 2027.** Students interested in traveling to Italy in March 2027 are encouraged to reach out to Mrs. Trueman in room 1043 or by email for more information (truemanm@hrce.ca).
5. **WBH ATHLETICS**

Junior High Girls Soccer

-Tryouts this week on Tuesday from 3:30-4:30. Players will meet down on the field.

High School Hockey

- Tryouts continue this week on Monday and Tuesday. If there is anyone that missed the first round of playoffs and is interested in playing this year, please reach out to Emily Bell at ebell@hrce.ca

Cross Country

-There will be practice this Tuesday from 3:30-4:00pm. We will meet in the gym!

6. **Our school clothing e-store is open for business!** Make sure to check out our online spirit shop for all your Wolves swag. Hoodies, T-shirts, sweats, jackets, water bottles and much - all with our school logo and in a range of styles and colours. Plus, 10% of every purchase goes back to the school to support our programs. Go to <https://wbhwolves.entripyshops.com/> to see what's available. The school member code is WBHS5F81. Get your gear now!

7. **Student Fees.** Student fees (\$10.00) are due end of week, please make sure you pay through School Cash online. These fees are used for student council and other events put on by the school. Students cannot participate in extra-curricular activities if student fees are not paid. We have one of the lowest fees of all high schools.

8. National Day for Truth and Reconciliation

On September 30, we honour the children who never returned home from residential schools, and the survivors, families and communities who continue to live with their lasting impacts.

Orange Shirt Day is an Indigenous-led movement that reminds us that Every Child Matters and encourages all of us to learn, reflect and support truth and reconciliation.

As there are no classes on Wednesday, September 30, we invite students and staff to wear orange, if they're able, on Tuesday, September 29.

9. Halifax Community programs - HeART Mental Wellness Youth Programs downtown Halifax. My name is Kayla Bernard, I am a Mi'kmaw Recreation Therapist in Kjiptuk and the founder of HeART Mental Wellness Youth Programs.

We are excited to share our community program offerings. This year we are offering two programs for youth ages 7+, all of our programming for the upcoming year is cost using a pay what you can module. Where families can contribute any or no amount for their youths to participate.

Younger Youth Program Wednesdays ages 7-12

Wednesdays | 6:00–8:00 p.m.

- Our younger youth program is all about exploring art, creativity and mindfulness together. Youth build friendships, try new things, strengthen confidence and develop leadership skills while helping shape their own programming. And, as always, there is no “right” way to create at HeART!

Register

here: <https://docs.google.com/forms/d/e/1FAIpQLSfYKNEYX6NcFo4TOQXLFboZG8ovk3r8PU39gMUfQM6AaHvXFA/viewform?usp=sharing&oid=116011781660316511114>

Older Youth Program Wednesday ages 13+

Location: 6036 Coburg Rd, Halifax, NS B3H 1Y9

Wednesdays | 6:30–8:30 p.m.

September–May

Our older youth program is a space for youth, by youth, to belong. Alongside art and mindfulness, programming can include games, cooking, cultural experiences, community service, leadership and facilitation opportunities, and whatever adventures our youth help us dream up next.

At its core, HeART is about creating a community where young people can show up as themselves, build meaningful relationships, explore their interests, and know that they belong. Register here:

- <https://docs.google.com/forms/d/e/1FAIpQLSemPrM85J3ifInc-2p7M9cL2Vg29c2fHg-H-ZmBzXkY4e35aw/viewform?usp=sharing&oid=116011781660316511114>

10) **Yearbooks.** For students who turned in yearbook for new one ordered a yearbook, they can be picked up in the office during lunch. For those who did not order and maybe want one in \$55 cash or cheque (payable to West Bedford High School) with current date.

Important dates to remember in September

- **Thursday, Sept 24:** Curriculum Night 6:30-7:30pm
- **Friday, Sept 25:** Professional Development Day – No classes PP-12
- **Tuesday, Sept 29:** Observe Orange Shirt Day
- **Tuesday, Sept 30:** National Day for Truth and Reconciliation – No classes PP-12

Sincerely,

WBH Admin team