

Hello West Bedford High Families,

Please see info for the week and important dates for month of May.

Let's Talk Careers

May 14th, 7-8pm —Virtual "Let's Talk Careers" Webinar with Alisha, Kyle and Eleana (Your Nova Scotia Works School Liaisons!) from Job Junction. This session is for anyone working with or mentoring Youth (parents, guardians, other family members, service providers, educators, etc.)

We will look at strategies for better career conversations with youth, Labour Market Information specific to Nova Scotia, and much more!

Space is limited! Register here: <https://forms.gle/YVMwNw4yYRbVf3R66>
eleana.vavasour@jobjunction.ca

Parent Teacher

Parent teacher will take place Wednesday April 29, from 1 to 3 pm and 5:30 to 7:30 pm. Teachers will be in their classrooms so please check your child's PowerSchool for Teacher name and room number. Specialist teachers such as Physical Education, Resource and EAL will be set up in the cafeteria.

See sign up information sent out on Tuesday, April 21..

WBH Athletics

Track and Field Track and Field practices have started and are up and running. All athletes that signed up to take part in this year's track meet should be listening to announcements or checking with Ms. Bell for weekly practice times.

Important Track Dates:

Wednesday May 6th - Practice/tryouts where necessary from 4-5:30pm at the MET Track in Sackville.

Wednesday May 13th and Thursday May 14th - County Track Meet. This is an all-day event at Beazley Field in Dartmouth. Students are responsible for their transportation to and from the event on both days.

Wednesday May 20th and Thursday May 21st- Regional Track Meet, also at Beazley Field.

Girls Hockey 2026/2027

Any students interested in playing girls hockey next year for WBH, please fill out the form below. We are hoping to have enough interest to get a girls program up and running. (grades 9-12 next year).

<https://docs.google.com/forms/d/e/1FAIpQLSeGCUYExQEmwtbcdnosLCiZ8OjIEDpBX5A2SpUNzahODKwdw/viewform?usp=publish-editor>

WBH Fundraiser (Basketball clinic for grades 7-9)

We have a great opportunity for basketball enthusiasts in grades 7-9. We have **NDO fitness** basketball trainer and former Kings/SMU player **Aidan MacDonald** that will be leading this, with members of the girls and boys high school basketball teams helping out. This will be a total of 9 hours of skills development, 3 on 3 and scrimmage opportunities for 30 WBH students. The cost is \$150 (that is less than \$17 an hour). Spots are first come first serve and payment can be made through school cash online, or by cheque/cash at the office. **Fee must be paid by May 1st**. The dates are as follows:

Wednesday, May 6, 3:45 -5:00pm

Friday, May 8, 3:45-4:45pm

Wednesday, May 13, 3:45 – 5:00pm

Friday, May 15, 3:45- 4:45pm

Wednesday, May 20, 3:45 -5:00pm

Friday, May 22, 3:45 – 4:45pm

Wednesday, May 27, 3:45 -5:00pm

Friday, May 29 3:45 – 4:45pm

May 15 is Black Excellence Day

Black Excellence Day 2026 in Nova Scotia is an opportunity for schools to reflect on the learning and exploration of Black people and culture over the past year. It recognizes, celebrates, and supports learning from the achievements, contributions, and leadership of Black individuals and communities. More than a single-day celebration, Black Excellence is the recognition of meaningful steps toward strengthening inclusive learning environments where all students see themselves reflected in curriculum materials, through the stories we tell and the histories we honour.

The purpose of celebrating Black Excellence in our schools and classrooms is to affirm student's identities, build confidence, and inspire futures by highlighting role Black people have made in education, science, arts, leadership, and community advocacy. It reflects and celebrates thoughtful conversations in schools about equity, representation, and the ongoing work to remove systemic barriers.

This moment of reflection also invites educators and school communities to consider how Black Excellence is represented within their own classrooms and learning spaces. For some, this may affirm intentional work already underway; for others, it may serve as an opportunity to begin or deepen this practice. Black Excellence Day reminds us that this work is ongoing, and that there is always time to plan, reflect, and be deliberate in ensuring all students see themselves meaningfully reflected in our schools.

We welcome everyone to wear a black shirt, if you're able, on May 15 to show your support for Black Excellence Day!

Unplugged Webinar on Smartphones, Social Media and More

Unplugged Canada is hosting a LIVE webinar on May 6 every parent and caregiver needs to hear. We're talking smartphones, social media, the research — and most importantly, what we can do about it.

Hosted by Kirsten Sweet, educator and National Program Director with Unplugged Canada with Tania Johnson, Co-founder of the Institute of Child Psychology and Dr. Michele Locke, Clinical Psychologist, learn about the impact of smartphones and social media on youth and how the Unplugged Canada Pledge and our resources can spark meaningful conversations in your home, school, and community.

We'll also introduce two new initiatives: the National School Champion Program and Operation Landline — a summer campaign helping families delay smartphones and reconnect in simpler, more intentional ways.

Come ready to learn, connect, and be part of the movement. Register [here](#).

Scholarships/Bursaries/awards for WBH graduating students

We are still looking for any local businesses or individuals who would like to set up a scholarship/bursary/award for our current graduating class and future graduating classes. These can range anywhere from \$100 dollars and up to be given out annually. We can help set up the criteria for the award. We have only received a couple so far, largest was \$500.

Please reach out to Principal, Sean MacDonald, at macdonalds@hrce.ca if you are interested or know a business that would like to set one up. Let's create some exciting local awards for our students to strive for and help support them on the journey after high school.

Grad hoodies for sale!

Grade 12 students at West Bedford High will have the opportunity to order a Class of 2026 hoodie to commemorate our first graduating class. Interested students can [complete this Google Form](#) until May 1. Once we have numbers, we will place an order through our school e-store. The bigger the order, the lower the price. Once we have our cost fixed, students can pay by cash, cheque (made out to West Bedford High), or online via SchoolCash by May 8. The order form will also be posted in PBL Google Classrooms next week.

West Bedford High School Community Prom Tickets now available for purchase!

Committee volunteers will be in the school Tuesday, April 28th from 9:30am to 10:30am/during project based learning/extended TA to distribute contracts and share prom details. The volunteers will be in the school again May 12 just prior to and during lunch (12:00 to 1:15pm) If your senior is interested in attending prom please encourage them to collect a contract Tuesday. The Community Prom Committee can also be reached at wbpromcommittee@gmail.com

Early Bird Pricing until May 8th- \$110

Graduation 2026 Update

*The date of our first graduation will be June 29, 2026 at 11:00 at WBH. Grad Fees have all been collected and grad gown orders sent in. **Important:** Keep checking the grad google classroom for weekly updates.*

Update: Each student will receive 6 tickets for guests.

Important Dates

- **May is Asian Heritage Month**
- **May is Canadian Jewish Heritage Month**
- **May is Polish Heritage Month**
- **May is Speech and Hearing Month**

April 29	High School Progress Conferences/Teacher Professional Practice Day (No classes)
May 5	Red Dress day
May 10-16	Education Week
May 7	Junior High Dance -7:00 to 8:30
May 13	Grade 6 Parent information session (students entering grade 7 in Sept. 2026)
May 15	Black Excellence Day
May 17	International Day against Homophobia, Transphobia and Biphobia
May 18	Victoria Day (No classes - all schools)
May 31-Jun 6	Access Awareness Week

Sincerely,

WBH Admin team