

February 1, 2026

Good evening, West Bedford High families:

Below you will find information related to the week(s) ahead.

1. Potential Monday Snow Day

- **If school is cancelled on Monday, the final day of the exam schedule will take place on Tuesday, February 2.** Wednesday February 3 then becomes the Assessment and Evaluation (A and E) Day for teachers (no classes for any students grade 7-12) and February 4th becomes the start of the second semester.
- If there is school on Monday, Day 2 exams will be written and the A and E Day will be Tuesday. Semester 2 would begin on Wednesday.

2. Nova Scotia School Lunch Program

If you are interested in signing your child up for the school lunch program, please do so [here](#):

New Updated School Lunches Are Coming: The school lunch menu is getting a tasty refresh! Expect more fresh fruit, better side pairings, and some exciting new favourites like chicken fingers, quesadillas, egg roll bowls, and meatloaf! New items vary slightly by menu.

Give the new menu a try! **The next ordering window is now open.**

3. A message from the WBH Counselling Team

- **Ms. Jenn Oldford -Students with last names A-Go**
- **Ms. Lisa Banks- Students with last names Gr-N**
- **Ms. Jen Williams- Students with last names O-Z**

Important information for our current grade 9s selecting courses for next year:

Please ensure your student can log into their PowerSchool account. We ask that this be confirmed by **February 6th**.

Note: Many students have their PS information saved on their Chrome Books but do not know their username and password to use it on any other device. They will need to know this information to log into a desktop computer in the school's computer lab. If students are having trouble logging in, have them make an appointment with their assigned counsellor or talk to their homeroom teacher to get assistance with this.

As of Friday, January 30, counsellors have presented to all Grade 9 classes, outlining the WBH model and the range of programs offered at both WBH and CPA. CPA is planning to visit WBH during the first week of February (date to be

determined) to host an information session for Grade 9 students interested in learning more about the IB program.

We ask that you begin having conversations about programs and school choice before the dates outlined below.

Upcoming Dates related to school choice and course selection:

Feb 11-13: Counsellors will be visiting grade 9 classrooms with copies of course selection sheets for both schools (includes pre-IB and Immersion). Once completed, students will bring these forms home to be signed by their parent/guardian.

Feb 18: Students are to return their signed course selection sheets to their HOMEROOM Teacher. Do not bring them to student services or another classroom teacher. This will ensure they do not get misplaced. Before signing, please ensure students have 8 credits in total and 3 alternates listed.

Feb 19-25: Counsellors will be reviewing the course selection sheets and if there is an error or missing information, we will contact you and indicate any changes that need to be made. We will send the updated version back with your student to get your signature again.

Feb 27-Mar 6: Counsellors will be bringing grade 9 classes to the computer lab to input their courses from their signed paper course selections (if a student does not have their PowerSchool set up, they will not be able to do this).

Important Reminders:

If you know your student will be away during any of these dates - please have them reach out to their counsellor. The school will continue to keep you informed through this weekly email home.

This is a busy time of year because it is the start of a new semester and the course selection process takes a lot of time. Rest assured, your students are in good hands—our team is here to guide them through the course selection process and carefully review their selections before entering them in Power School. Thank you in advance for your patience, as we may not be able to guarantee quick responses to emails due to the high volume of course selection inquiries.

We recognize that some students may find it challenging to decide which high school to attend. All information shared with students is also available on the WBH and CPA websites, including course booklets and slide decks. Our consistent message to students has been to make the decision that best supports their individual needs, programming options, available supports, and personal interests.

WBH Website: <https://sites.google.com/gnspes.ca/wbhs-school-counsellor-website>

CPA Website: <https://sites.google.com/gnspes.ca/cpaschoolcounselling/0/course-selection?authuser=0>

4. Course Changes-Grade 10-12

Due to space and scheduling constraints, not all requested changes can be made. These requests must be approved by student's counsellor and vice principal. Changes may be considered in the following circumstances.

- Student has an incomplete schedule
- Student already obtained a credit in this course
- Student wants to change academic levels (i.e. Math 11 to Math at Work 11)
- Student is missing a required course to graduate and/or for post-secondary plans
- Student has selected an extra course and would like to drop it

5. February is registration month

Do you have or know a child who will be starting Pre Primary or Primary this fall? Registration for the 2026-27 school year begins on Monday, February 2. To ensure HRCE has the right staff and supports in place for September, it's important that we gather enrolment numbers now. Visit the [HRCE website](#) for more information and to enrol your child today through PowerSchool Enrollment!

6. February is African Heritage Month

African Heritage Month in Nova Scotia is a time to recognize and celebrate the rich history, vibrant culture, and lasting contributions of people of African descent in our province. This year's theme, "**Strength in Unity – Moving Forward with Purpose, Prosperity, Power and Progress,**" reminds us of the importance of coming together as a community, learning from one another, and moving forward with shared purpose. Encourage your child to listen to announcements to learn more about learning experiences and events planned around the school.

Other Important dates to remember in February

February 16: Heritage Day (no classes - all schools) in 2026 we recognize Joseph William Comeau, an important Acadian poet, writer, and cultural leader.

February 17: Lunar New Year

Wishing you a warm and positive week ahead,

West Bedford High Admin Team