

November 23, 2025

Hello West Bedford High Families,

Our grades 9 really enjoyed their first FIT experience this week which took place Tuesday during Integrated learning time. Students were very appreciative of the time to get caught up, work on specific assignments, meet with teachers, or just have a different place in the school to work with friends from other classes. We will do this throughout the year to give our students some exposure to the high school Flexible Instructional time model. Please review the info for the upcoming weeks:

1. **WBH and WBS Community Spirit week.** Both West Bedford High and West Bedford School are planning a joint spirit week during the week of Dec. 8-12. Both SAC's and the WBS Home and School association have been involved in this planning. This will include events during the day for students and evening events for students and families to display some of the many talents at both these schools. This week also represents the week ground was broken in building this great school. More info will be coming out in the coming weeks around the events happening during that week.
2. **Vermicomposting Presented by: HRM Solid Waste Resources and the West Bedford High Green Team.** On Wednesday, December 3rd at lunchtime students in grades 9-12 will have the chance to get their hands dirty and learn all about how to make nutrient rich soil at home. There will also be an opportunity to meet the "stars" of the show - the red wiggler. These tiny, but mighty worms are powerhouses when it comes to eating through organics. **Students can sign up in the main foyer on a sheet posted outside of the office.**
3. **Attention West Bedford Students! CavUnity will be hosting a recruitment booth this Tuesday November 25 at lunch in the main lobby.** If you're interested in leadership, community impact, volunteering, or being part of a student-led organization that promotes leadership, volunteering, and giving back to the community, make sure to stop by! Members of CavUnity will be there to answer questions, share upcoming initiatives, and help you learn how you can get involved. Don't miss the chance to join a team that's making a real difference in communities across HRM.
4. **December 3rd 7pm-8:00pm—Virtual "Let's Talk Careers" Webinar** with Emma Church and Kyle Lantz from Opportunity Place and Alisha Hill from Nova Scotia Works/Job Junction. This session is for anyone working with or mentoring Youth (parents, guardians, other family members, service providers, educators, etc.) We will look at strategies for better career conversations with youth, Labour Market Information specific to Nova Scotia, and much more!

Register now; space is limited! Register using this

link: <https://forms.gle/S7uCzZaJcTQtX6aGA> OR email echurch@opportunityplace.ca

5. **Mental and Dental Health Study (HRCE approved).** Parents are eligible to participate in this study if their child is: aged 5-17 years old, and with a fallen-out or removed baby tooth that they want to share.

Instead of the tooth going in the bin, you can choose to share the tooth for a study looking at the link between mental and dental health. Participation involves a) sharing the tooth by dropping it off to our site or mailing it and b) completing a 20-minute online survey. As a thank-you, you will receive a gift card. [poster IWK .pdf](#)

Parents who might be interested can email us JoinPed@dal.ca

6. **New Educational Technology Website for Families: HRCE has a new website designed to help families understand how technology supports student learning in HRCE.**

The site offers an overview of how tools like **Chromebooks** and **Google for Education** are used in classrooms, what provincially approved online platforms students may access, and how **student privacy** is protected. Families will also find information about Nova Scotia's guidance on the provincial **cell phone** expectations, tips for supporting **online safety** and **digital citizenship** at home, and an introduction to how students are learning about **artificial intelligence** in a thoughtful and responsible way.

You will find the website at [Educational Technology & AI](#) .

7. **SIN Number Clinic (Dec. 2nd, 5-7pm)** – Students in grades 7-12 and their parents/guardians are invited to attend the SIN number clinic on December 2nd from 5pm-7pm, hosted by the Nova Scotia Works School Liaison. A representative from Service Canada will be at WBH to aid in applying for a SIN number on the spot, and to answer any questions regarding SIN numbers. Students and parents/guardians are eligible for this service. Students are encouraged to attend with their parents/guardians, but parents/guardians can apply on their student(s) behalf. To apply for the SIN number there are **2 required pieces of ID** that you must bring: **If born in Canada** - Birth Certificate **AND** Nova Scotia Health Card. **If born outside of Canada** - Passport **AND** Citizen Papers or Permanent Residency Card (or Confirmation of Permanent Residency).

Please sign-up using the link <https://forms.gle/15mFFNwmadDNo4V16> if you wish to attend and email echurch@opportunityplace.ca with any questions about the event.

8. **Get your wolves gear !! Wolves online swag store now open!**

Welcome to <https://wbhwolves.entripyshops.com/> - the official online store of the West Bedford High Wolves. Working in conjunction with Entripy Shops, we are the official WBHS swag shop! It's the spirit shop where our students, families, and staff can buy custom gear to show their pride in the Wolfpack. As a bonus, 10% of each sale supports our school's fundraising goals. Pick your favourite gear from top-name suppliers such as Oakley, Champion, Under Armour, Gildan, and Puma. Customize it with our logo, your style and rep the Wolves.

9. **Student Transit Pass Program - Fall Survey.** Survey link: [Talk Transit | EngageHalifax](#). Open from Monday, October 20th until November 27th

10. **Inclement and parking at WBH.** Please remember when picking up, dropping off or waiting for your child in the parking area it should all be in the lower parking lot. Visitor parking is all along the outer edge of the parking area with clear signage on the spots. **Please do not drive up the loops past the pylons to drop off your children, this area is for our special needs bussing and parking for those with accessibility needs.**

High school staff come to work after the elementary has already begun, thus parking for us is already limited, please do not park in our spaces. Violators could be ticketed.

Important Dates:

Dec-4	School-Based PD - No Classes ***AM*** only Parent/Teacher Conference: 1-3 pm; 5:30-7:30 pm
Dec-9	School based evening event - TBA
Dec-10	Band Concert (Dec. 11 storm date)
Dec-12	Grade 7 Immunization clinic
Dec-17	Student council event – Time TBD
Dec-19	Last day of school before holiday break
Dec-22	Teacher professional practice day (no classes)

Sincerely,

WBH Admin team