

November 2, 2025

Hello West Bedford High Families,

Great to see such a wonderful turnout by our grade 11 /12 students and families to our Canadian Post Secondary Open house last Monday. The presenters were very impressed by the level of questions our students and families were asking. Please review the info for the upcoming weeks:

1. **COBS Bread Card.** If you got your card late, COBS will honor the October bread in November, just have to have a separate visit for your November purchase. Again, thanks to all of you that purchased one and COBS for partnering with us as these funds will be put to great use to enhance programs at WBH for our students.
2. Please check out the article that we were mentioned in by Professor Schneider at MSVU on learning plans/learning guides and self-directed learning. <https://theconversation.com/how-alternative-teaching-models-can-foster-inclusive-classrooms-264938>. We are meeting with Professor Schneider this upcoming week to discuss her finding and ours and how we can support one another.
3. **Get your wolves Gear!! Wolves online swag store now open!**

Welcome to <https://wbhwolves.entripyshops.com/> - the official online store of the West Bedford High Wolves. Working in conjunction with Entripy Shops, we are the official WBHS swag shop! It's the spirit shop where our students, families, and staff can buy custom gear to show their pride in the Wolfpack. As a bonus, 10% of each sale supports our school's fundraising goals. Pick your favourite gear from top-name suppliers such as Oakley, Champion, Under Armour, Gildan, and Puma. Customize it with our logo, your style and rep the Wolves.

4. **½ day Non-Instructional day (Nov. 4th) grades 10-12.** On Tuesday we will have our first high school non-instructional half day (morning only). On this day, teachers will not be teaching new lessons. Instead, students are encouraged to seek out their teachers/courses they need more support in. Students can use this day to get extra help, catch up, or get ahead in any subjects where they need more time. This is a great chance to finish assignments before the mid term report cards come out in a few weeks. Last year, students really appreciated these days and used them well. If you have any questions, feel free to contact our admin team.

Important Details about Attendance on this Day: Grades 10 -12: Students must go to their scheduled classes on time for attendance, then they can move to a workspace of their choice. They can either seek out the teachers they need or work in a space where they feel comfortable. The library and academic wings are quiet places to work, while the cafeteria is available for students who want a more social environment.

5. **Grade 9 Take our Kids to Work Day.** A reminder to all families of grade 9 students that TOKTWD is Wednesday, November 5th. Signed forms were due last week, however, forms will be accepted until end of day Monday, Nov 3. Students will be given a list of questions from their homeroom teachers to document their job placement experience. Students who did not return their forms are expected to attend school on November 5th to participate in career activities in their regular classes.

6. Career and Post-Secondary Info

Monday, November 3 - The Naval Reserves will be set up outside of student services to talk with students about opportunities. This will take place from 12:30-1:30.

Friday, November 7 - 8:45am – 4:30pm Mount Allison University - Open House (NB)

Saturday, November 8 - 9:30-3:30 Acadia University Open House. Please register online.

7. **Academic Certificates for end of 2024-25 school year.** We will be handing out academic certificates to students who attended West Bedford High last year within the next week (end of year grades). Principal's List (90 average and above); High Honors (85 to 89.95), Honors (80 to 84.95).
8. **Remembrance Day** (Nov.11) holds an important place in our schools as it provides a meaningful opportunity for our students to learn about the sacrifices made by veterans and all those who have served in times of conflict. Through ceremonies, discussions and creative projects, we demonstrate respect and gratitude for the freedoms Canadians enjoy. Observing Remembrance Day also helps students connect with Canada's history and reinforces the values of peace, tolerance and community responsibility.
9. **Indigenous Veterans Day (Nov. 8)** is an important occasion to honour the sacrifices and contributions of First Nations, Inuit and Métis peoples who have served in the Canadian Armed Forces. Recognizing this day in schools is especially significant, as it provides students with the opportunity to learn about the often-overlooked histories and experiences of Indigenous veterans. By commemorating Indigenous Veterans Day in our schools, we ensure that younger generations understand the vital role Indigenous peoples have played in defending Canada, while also promoting respect, reconciliation, and a more inclusive understanding of Canadian history. This recognition helps strengthen empathy, respect for diversity and a greater appreciation for the many ways in which Indigenous peoples have shaped our country.

10) November 13-19 is Transgender Awareness Week

Transgender Awareness Week provides an important opportunity to strengthen understanding and respect for the transgender community, to encourage inclusivity in our schools and to promote safe environments where all students feel valued and supported. Learn more [here](#).

11) Supporting Students and Families: Unplugged Canada Resources!

Please note: this includes an event taking place Nov. 2.

Unplugged Canada is a parent-led, national movement advocating for healthier childhoods by delaying smartphones and social media until kids are developmentally ready. Parents and caregivers are invited to explore resources, take the [pledge](#) to delay, and join upcoming parent events at unpluggedcanada.com.

The local Nova Scotia chapter is hosting a free community event for parents, caregivers and educators.

Unplugged Together: Raising Connected Kids in a Digital World

Learn about the latest research on how smartphones are impacting kids, safer alternatives to consider and tools to navigate the digital world with your family.

Hammonds Plains Community Centre (virtual/zoom option available)

Sunday, November 2, 2025

6:30 p.m. - 8 p.m.

Register: <https://UnpluggedTogether.eventbrite.ca>

12. **Student Transit Pass Program - Fall Survey.** Survey link: [Talk Transit | EngageHalifax](#). Open from Monday, October 20th until November 27th

Important Dates:

- **Thursday, Nov. 6: Remembrance Day Ceremony**
- **Saturday, Nov. 8: Indigenous Veterans Day**
- **Tuesday, Nov. 11: Remembrance Day (no classes)**
- **Nov. 13-19: Transgender Awareness Week**
- **Nov. 17-20: Report Cards (High School)**