

October 26, 2025

Hello West Bedford High Families,

Hard to believe we are almost 2 months into the school year. It is spirit week this week:

➤ Monday: pyjama day; Tuesday: spooky colors; Wednesday: Iconic Duo day; Thursday: school colors; Friday: Halloween costume contest. Please review the info for the upcoming weeks:

1. **Reminder to pick up your COBS Bread Card if you purchased one.** Thanks to everyone who participated in the fundraiser. These funds will be spent on library, technology education and fine arts materials, start-up funds for our drama production and more!!

2. **School Pictures** School pictures are ready! Your child's school pictures are now available! To view them online, please log in to your account at mylifetouch.ca. If you don't have an account yet, you can create one using your email address. You'll need your student's ID number (from PowerSchool) to locate their photos.

Important: If you don't know your student's ID number, please do not contact the school. Paper proofs containing your login credentials will be sent to your home shortly, allowing you to view the images online.

Bonus: All families can also order a FREE digital Pictures2Protect Card—a great way to keep your child's photo and emergency info handy. Learn more about the Pictures2Protect program [here](#).

3. **Wolves online swag store now open!** Welcome to <https://wbhwolves.entripyshops.com/> - the official online store of the West Bedford High Wolves. Working in conjunction with Entripy Shops, we are the official WBHS swag shop! It's the spirit shop where our students, families, and staff can buy custom gear to show their pride in the Wolfpack. As a bonus, 10% of each sale supports our school's fundraising goals. Pick your favourite gear from top-name suppliers such as Oakley, Champion, Under Armour, Gildan, and Puma. Customize it with our logo, your style and rep the Wolves.

4. **Grade 9 Take our Kids to Work Day.** A reminder to all families of grade 9 students to sign your student up for TOKTWD, which is Wednesday, November 5th. If your student is not going with you, please ensure the community based risk assessment is also completed. We ask that the signed forms be into student's homeroom teachers by Wednesday October 29th. Please visit the WBH School website and you can access our counselling site from there with information on TOKTW and copies of the forms which were provided to students.

5. **Canadian Post-Secondary Open House. Attention to** all grade 11 and 12 students and their families!! On Monday, Oct 27, 31 Universities from across Canada will be setting up at WBH from 6:00 - 8:00 pm. This is an opportunity for our students and families who are considering University to inquire about what their schools have to offer. The list of universities attending will be posted on our counselling website. We hope to see you there!

6. **End of Month Check In – grades 10-12.** High school students are responsible this week to get their “End of the Month Check-in” completed in their agenda. TA’s (teacher advisors) will send email home the following week to parents/guardians of students with any grades below 65, and attendance or behavioral concerns. Agenda use is an important part of how our school operates at the high school level, and families should be checking it weekly.

7. **YMCA Settlement worker now at WBH.** Hello West Bedford High School Community! My name is Farideh Seddighi, and I am the Settlement Staff member from the YMCA, here to support you and your family as you settle into life in Canada. My role is to help students and families by providing help navigating a new school, community, and settlement services. I can also assist with schoolwork through academic support and informal interpretation. The YMCA Immigrant Services offers employment and education support, navigation to forms and financial supports, after-school programs, recreational activities, and multicultural events where you can make new friends and get involved. Please don’t hesitate to reach out to me at farideh.seddighi@halifax.ymca.ca or **902-456-1465** if you have any questions or need assistance.

I look forward to working with you and supporting your success at West Bedford High! Check our website and newcomer services here: <https://ymcahfx.ca/>.

8. On behalf of the **Dalhousie Women in Engineering (WiE) Society** and the **Go Eng Girl 2025 Executive Planning Committee**, we are excited to invite your school to this year’s **Go Eng Girl** event!

This annual event is a unique opportunity for **female students in grades 8–12** to spend a full day at Dalhousie University exploring engineering and STEM **at no cost**.

Students will enjoy a full day of hands-on activities, including **campus tours, interactive learning sessions, complimentary lunch, snacks, and event t-shirts**. The day will conclude with a **design competition**, where each member of the winning four-person team will receive a **\$1,500 entrance scholarship** to Dalhousie University's Engineering Program.

Event Details

1. **Date:** Saturday, November 22nd , 2025
2. **Time:** 9am-5pm
3. **Location:** Richard Murray Design Building | 5257 Morris Street, Halifax

Students can register with their parents/guardians using the link below:

1. [Go Eng Girl 2025 Registration](#)

Registration is open now and **registration will close when capacity is reached**.

Go Eng Girl is an excellent opportunity for students to explore engineering and connect with current students who can inspire their future paths. We hope your school will share this event with interested students and families.

For any questions, please don’t hesitate to contact us at dalwie@dal.ca We look forward to collaborating with you and inspiring the next generation of engineers!

Important Dates:

- **October is Mi'kmaq History Month**
- **October is Canadian Library Month**
- **Monday Oct. 27: Canadian Post-Secondary Open House 6:00- 8:00pm**
- **Thursday Nov. 6: Remembrance day Ceremony**
- **Tuesday Nov. 11: Remembrance day – No Schools**

Sincerely,

WBH Admin team
