

September 7, 2025

Hello West Bedford High Families,

First, I would like to thank all of our students and staff for a great start. Very impressed with our student body and how quickly they are getting back into routine and following new procedures. I would also like to thank the many parents who have reached out to provide kind words on the start of the year for their children. This Update memo will be sent out Sunday's at 6:00pm.

Please see the below information for the upcoming week.

1. **Student Fees and lockers.** Student fee - \$10.00 – please pay through school cash online. Please pay by Friday, Sept. 12<sup>th</sup>.

Locks - \$5.00 (cash only). This will be collected again on Monday. Students will not receive a locker until fee has been paid. No outside locks are permitted, school lock only.

**SchoolCash Setup.** SchoolCash Online is an easy-to-use and safe way to pay for your children's school fees. You can pay for your child's yearbook, class trips and so much more, quickly and conveniently. Simply register an account to be able to pay in several different payment forms. [Click here](#) for more information.

2. **New provincial student code of conduct.** We will be taking the time during the month of September (during ILT time -grades 7-9 and TA time – grades 10-12) to update our students on the new Provincial Code of conduct. Safe schools have all members of the school and community working together to ensure productive and safe classrooms/schools. Holding students accountable to unacceptable behavior is a big piece of this and it includes you as families of these students working with us when issues occur. We will also reviewing our new school matrix of expected behaviors in the school. This was developed last year with school staff, students and SAC members. This will be sent out to all families in the coming weeks for you to review.

**Please take time to review the policy from EECD -**  
<https://www.ednet.ns.ca/docs/provincialschoolcodeofconduct.pdf>

### 3. **WBH ATHLETICS**

#### **High School Boys Soccer Team**

**Thank you so much for the community members who stepped up to ensure that we were able to** find a coach and field a team this year. Tryouts will be starting right away, with the first on Tuesday Sept. 9<sup>th</sup> from 6:00-7:30pm on the school field. These tryouts are open to students in grades 9-12.

#### **Boys Senior High Soccer Team – Grades 9-12**

- Boys Sr Soccer tryout will be Tuesday, Sept 9<sup>th</sup>, 6-7:30 pm

#### **Boys Junior High Soccer Team – Grades 7-9**

- Boys JH soccer tryouts will be Tuesday, Sept 9<sup>th</sup>, 3:30-4:40 pm
- Girls JH soccer tryouts will hopefully start this coming week as well. We are currently looking for a coach for this team as well. The junior high season is not a long commitment, and it is a wonderful way for the girls to play and represent their school together. Please contact Emily Bell at [ebell@hrce.ca](mailto:ebell@hrce.ca) if you are interested!

## **High School Volleyball Tryouts**

Volleyball tryouts are underway for our students in grade 9-12. The second tryout for our girls team will be on Wednesday from 3:30-5:30pm. The next high school boys tryout will be announced in the days to come.

## **Boys High School Baseball**

The sign-up sheet for our baseball team is outside of the gymnasium doors. Any student in grade 9-12 interested in playing, please make sure to sign up!

## **Cross Country**

All students in grades 7-12 who are interested in running cross country this year, please sign up on the sheet outside of the gym doors. There will be a 5 minute information meeting at the start of lunch on Wednesday, Sept 10<sup>th</sup> with Ms. Bell in the gym.

## **WBHS HOCKEY**

All students who are planning to tryout for our school hockey team are asked to follow the link below to sign up.

This information will be shared with the coaching staff, and further information will be sent out regarding tryout fees and expectations.

<https://docs.google.com/forms/d/e/1FAIpQLSd4tR38FslN1HWRo4-oAvqFtn59utgdniZBOxtj3zvRPvsD5w/viewform?usp=header>

### **WBHS HOCKEY SIGN UP**

This form is intended to create a list of the names of students planning to try out for our hockey team this year. This information will be passed along to the coaching staff. Tryouts will be held on: Monday Sept 15th - 7:45-9:45pm @ Greenfoot Energy Tuesday Sept 16th - 7:30-9:00pm @ Greenfoot Energy Monday Sept 22nd- 7:45-9:45pm @ Greenfoot Energy Tuesday Sept 23rd- 7:45-9:15pm @ Greenfoot Energy.

Cuts will be made after the first week of tryouts, and callbacks will be invited to the next round of tryouts.

[docs.google.com](https://docs.google.com)

4. **Communication.** Effective and clear communication is a key to supporting students in their learning and well-being. Here is a flow chart for communication in schools and at WBH.
  - Start with the classroom teacher (grades 7-9) or teacher advisor (grades 10-11). Teacher/Teacher advisor emails can be found in PowerSchool. **When you log in, click the drop down menu and select "E-mail Teachers".**

- If you feel your concern or question has not been addressed, please contact the Vice Principal assigned to the alpha for your child's surname

**Allyson MacKay (A-L)** – [allyson.macKay@hrce.ca](mailto:allyson.macKay@hrce.ca)

**Alison Walker (M-Z)** – [alison.walker@hrce.ca](mailto:alison.walker@hrce.ca)

- If your question or concern is in need of a school counsellor

**Jennifer Oldford (A-Go)** – [JOldford@hrce.ca](mailto:JOldford@hrce.ca)

**Lisa Banks (Gr-N)** – [LBanks@hrce.ca](mailto:LBanks@hrce.ca)

**Jennifer Williams (O-Z)** – [Jennifer.Williams@hrce.ca](mailto:Jennifer.Williams@hrce.ca)

- **Still have questions or concerns? Please reach out to the School Principal.**

**Sean MacDonald** – [macdonalds@hrce.ca](mailto:macdonalds@hrce.ca)

**If you feel your question or concern has still not been addressed at the school level, please contact Parent Navigator at [connect@hrce.ca](mailto:connect@hrce.ca).**

5. **Class changes for grades 7-9.** We have been getting some requests for class changes. Classes were put together last year by the feeder schools and our teachers and those classes arrangements have been kept. **No changes will be made at this time as classes are balanced in numbers, needs, etc.**
6. **Grade 7 and Powerschool.** Now that you have a child in grade 7, Powerschool will be an important tool for you to be using to get access to your child's grades on assignments, attendance, etc. Please make sure you can access your account.
7. **Cell Phone and social media guidelines.** See information package attached to review guidelines.
8. **Student Drop-Off/Parking lot.** **Please review the information sent home in the information package (pictures have been provided).** We have seen cars parked in the student parking area at the end of the day waiting to pick up students. Please park on the outside of the parking lot with sign that says visitor parking. Vehicles will be ticketed which do not adhere to these guidelines.
9. **Bussing at the end of the day and safety.** Students need to stay at the front of the school or inside the main foyer/cafeteria to view the white board with the list of busses that are in the loop for the first round. If your child is allowed to access social media, they can also view this @WBHBusDeparture on "X". The following link will take you to the "X" handle <https://x.com/WBHBusDeparture> If they are not going to be on social media, the busses will still be posted on the white board in the main lobby. Having "X" is an added layer of communication, but not necessary.

Please check <https://hrcetransportation.mybusplanner.ca/> for information about your child's bussing. If your child has access to your account, they can also see where their bus is at any time.

In regard to safety, students are not allowed to walk through the bus loop, they must stay on the sidewalk when accessing their bus.

Students walking home, or going to parking lot area to be picked up should not be cutting between cars, but stay on the sidewalk going down, or stick to the outside area of the parking lot when walking around. Please speak to your children around this.

10. **School Supplies** – see website: <https://wbh.hrce.ca/>
11. **Safe Arrival -Leaving messages.** When leaving a phone message on safe arrival line, please spell out name of student, especially last name. Or use email [wbhsa@hrce.ca](mailto:wbhsa@hrce.ca).
12. **Anti-bullying day.** Anti-bullying day is this Thursday. Please encourage your child to wear pink.
13. **Fire drill.** We will be conducting our first fire drill this week.
14. **Cafeteria.** Food service will start up in the coming weeks with the new provincial program.
15. **Breakfast program.** We will be getting set up for having light snacks available in the morning over the next week.
16. WBH information/welcome package: [Welcome to West Bedford High 2025-26.pdf](#)

#### **Important Dates:**

- **Thursday, Sept 11:** Stand Up Against Bullying Day
- **Fourth week of September:** [Gender Equality Week](#)
- **Thursday, Sept 25:** Curriculum Night 6:30 to 7:30
- **Friday, Sept 26:** Observe orange shirt day
- **Monday, Sept 29:** Professional Development Day – No classes PP-12
- **Tuesday, Sept 30:** National Day for Truth and Reconciliation - No classes PP-12

Sincerely,

WBH Admin team