

June 8, 2025

Hello West Bedford High Families,

We are only a few weeks away from the end of the school year, please see information and important dates below for the upcoming weeks.

**1 Yearbooks.** For families who have ordered a yearbook, please make sure your child has picked theirs up. Most have been given out, some are still in the office waiting to be picked up. For those who did not order and maybe want one, there are only 11 yearbooks left for sale. If you would like to buy one, bring in \$55 cash or cheque (payable to West Bedford High School) with current date.

**2 Exam Prep/Study Night.** On Monday, June 9, West Bedford High will be hosting an Exam Prep/Study Night at the school from 6:00pm- 8:00pm for students in grades 9-11. Teachers will be available to help answer questions and assist with organization. Homeroom teachers will have the tentative teachers helping list at exam prep night posted on their homeroom google classroom. Snacks and drinks available!

**3 Exam Information.** More information around exams will be sent out later this week for students in grade 9-11 only. Schedule and other information was sent home in a memo on Wednesday May 28<sup>th</sup>.

**4 Food Drive project (PBL 11 students).** Did you know that 22% of all NS households experienced some type of food insecurity in 2022? With our population continuing to grow, 22% amounted to a whopping 213,000 people. Have things gotten better? **Not at all.**

In 2024, the percentage of NS households experiencing food insecurity spiked to 28.9%. Furthermore, an estimated 40% of our child population experienced food insecurity over the past year. Although we hear more about food insecurity in the winter months, it is not a winter phenomenon. It occurs all year round.

To try and help address this, we at West Bedford have decided to do a spring food drive. Please bring in:

**Non-perishable food items, Gift cards, Cash donations, Toiletries**

Your donations will be collected until Monday June 9. All donations will be given to Feed NS on June 10 during TA. We will be collecting donations at the Semi-Formal dance next week as well. If you can give, please do. Please share this information with your parents.

NOTE: The class that brings in the greatest number of donations will receive a jumbo freezie party(!!) on a hot day later in June as a thank you. Let's get those donations coming in!

**4 SchoolsPlus supports for summer.** Did you know? SchoolsPlus operates 12 months of the year! SchoolsPlus is a confidential, free service available to every school in Nova Scotia. Families and students (12+) can self-refer to SchoolsPlus by contacting the

SchoolsPlus facilitator, Megan Tobin ([Megan.Tobin@hrce.ca](mailto:Megan.Tobin@hrce.ca)) at West Bedford High.  
Learn more [here](#).

- 5 MAKEUP FITNESS TESTING.** Any students in grades 7-11 who missed their fitness tests in Physical Education last week, need to come to the make up days happening this week at lunch. On both Tuesday and Thursday during lunch, there will be a 12 minute run at 12:35pm and beep test at 12:50pm. Students who have missed either test are responsible for coming at the correct time for what they need - these are the final opportunities available to complete the tests before report cards. Students must be in appropriate footwear/sneakers (not crocs/boots/sandals/slides/etc) in order to be able to participate.
- 6 High School Trip 2027 (grades 10-12).** Interested in traveling abroad? The West Bedford High Travel Group, in partnership with EF Tours, will be travelling to Italy in March 2027. If you are interested in learning more about the trip, there will be a student/parent information meeting on Tuesday, June 10 in room 1043 at 6:00pm. If you are unable to attend, please contact Mrs. Trueman for more information.
- 7 CPA Grade 9 Orientation.** The CPA Grade 9 Orientation will take place on Thursday, June 12th from 4-5 PM. We would love it if you could encourage your students to attend. A full description of the event has been posted on the Class of 2028 Google Classroom.

**Important Dates:**

- **National Indigenous History Month**
- **Italian Heritage Month**
- **Filipino Heritage Month**
- **Portuguese Heritage Month**
- **Pride Month**
- **June 10: MSMS grade 9 orientation (6:30-7:30)**
- **June 12: GSA Talent show (7 to 9pm)**
- **June 17: Sports Awards (6:30 to 7:30pm) (This is a date change, originally scheduled June 4<sup>th</sup>)**
- **June 21 is National Indigenous Peoples Day**
- **June 26: No classes for high school students only for assessment and evaluation**
- **June 27: No classes for PP-12 for assessment and evaluation**
- **June 30: Last day of school**

Sincerely,

WBH Admin team