

June 1, 2025

Hello West Bedford High Families,

Please see information and important dates below for the upcoming weeks.

### 1. **Food Drive project (PBL 11 students)**

Did you know that 22% of all NS households experienced some type of food insecurity in 2022? With our population continuing to grow, 22% amounted to a whopping 213,000 people. Have things gotten better? **Not at all.**

In 2024, the percentage of NS households experiencing food insecurity spiked to 28.9%. Furthermore, an estimated 40% of our child population experienced food insecurity over the past year. Although we hear more about food insecurity in the winter months, it is not a winter phenomenon. It occurs all year round.

To try and help address this, we at West Bedford have decided to do a spring food drive. Please bring in:

#### **Non-perishable food items, Gift cards, Cash donations, Toiletries**

Your donations will be collected until Monday June 9. All donations will be given to Feed NS on June 10 during TA. We will be collecting donations at the Semi-Formal dance next week as well. If you can give, please do. Please share this information with your parents.

NOTE: The class that brings in the greatest number of donations will receive a jumbo freezie party(!!) on a hot day later in June as a thank you. Let's get those donations coming in!

From PBL 11 Teachers and students

**2. Exam Prep/Study Night.** On Monday, June 9, West Bedford High will be hosting an Exam Prep/Study Night at the school from 6:00pm- 8:00pm for students in grades 9-11. Teachers will be available to help answer questions and assist with organization. Snacks and drinks available!

**3. FITNESS TESTING FOR PHYSICAL EDUCATION CLASSES.** All Physical Education classes in grades 7-11 will be completely their final round of fitness testing this week during their class times. Reminder to all students that you need to bring proper footwear (sneakers) in order to participate; it is the students responsibility to make sure they know when they have PE and to come prepared and ready for class.

**4. Nova Scotia Youth Climate Council 2025-26:** Applications are now open for the **2025-26 Nova Scotia Youth Climate Council!** This is a unique opportunity for **youth aged 14–24** to advise the Minister of Environment and Climate Change, gain experience in governance and local climate policy, and connect with like-minded peers from across the province. Learn more, including eligibility details and accessibility supports, on the Council's website: [cleanfoundation.ca/youth-climate-council](https://cleanfoundation.ca/youth-climate-council).

**Deadline to apply: July 1, 2025 at 11:59 p.m.**

**5. 2025-26 Bus Information.** Information about student transportation for the 2025-26 school year will be available to view online through the BusPlanner Parent Portal later in July. Families eligible for transportation will receive an email to access the Parent Portal to view their child's bus information once it is available. Once you receive the email, you must follow the instructions to activate your new Parent Portal account and create a password. Using previous Parent Portal login information will not work. If you can't find the email, please contact [transportation@hrce.ca](mailto:transportation@hrce.ca) or 902-431-4723 for assistance. Over the summer, the HRCE Student Transportation team will also reach out to new HRCE families and those families who may require special needs transportation for their children with more information about busing.

- The Student Transportation team is available to assist you and answer questions about busing all summer at [transportation@hrce.ca](mailto:transportation@hrce.ca) or 902-431-4723. When contacting the team, please ensure you have your child's name, grade, school name and student ID number ready. Your child's student ID number can be found in PowerSchool or on the top of your child's report card.

**6. High School Trip 2027 (grades 10-12).** Interested in traveling abroad? The West Bedford High Travel Group, in partnership with EF Tours, will be travelling to Italy in March 2027. If you are interested in learning more about the trip, there will be a student/parent information meeting on Tuesday, June 10 in room 1043 at 6:00pm. If you are unable to attend, please contact Mrs. Trueman for more information.

**7. High School Dance (Grades 9-11).** High school dance is on June 5<sup>th</sup> from 7 - 9pm. Students/families can pay on school cash online, cost is \$10.00. Students can pick up guest sign up sheets in the office and they must be submitted by lunch on Monday, June 2. Guests from other schools must be attending high school and be in good standing. [dance pic.png](#)

**8. GSA Talent Show.** June 12 from 7-9pm. [GSA Talent Show Poster 2025 \(2\).jpg](#)

**9. CPA Grade 9 Orientation.** CPA Grade 9 Orientation will take place on Thursday, June 13<sup>th</sup> from 4-5 PM. We would love it if you could encourage your students to attend. A full description of the event has been posted on the Class of 2028 Google Classroom.

10. **Be tick aware.** *Sharing on behalf of Nova Scotia Public Health* . In summer and fall, people spend time at Nova Scotia's many beautiful beaches, parks, and wooded areas. However, we need to be mindful of the presence of ticks and how we can protect ourselves. These small insects are found across Nova Scotia and can cause tick-borne diseases (TBDs), including Lyme disease and anaplasmosis. Ticks like moist and humid environments and can be found in or near woods, shrubs, leaf litter, long grass, urban parks and gardens. They can be very small, which makes them hard to spot and their bites don't hurt, which makes it difficult to know when you've been bitten.

**Visit <https://novascotia.ca/ticksafety/> and learn:**

- How to protect yourself - especially in grassy, wooded, or shrub-covered areas
- What to do if you find a tick on yourself/your child
- The signs and symptoms of tick-borne illnesses

### **Important Dates:**

- **National Indigenous History Month**
- **Italian Heritage Month**
- **Filipino Heritage Month**
- **Portuguese Heritage Month**
- **Pride Month**
- **June 5: High school dance (grades 9-12)**
- **June 10: MSMS grade 9 orientation (6:30 to 7:30 pm)**
- **June 12: GSA Talent show (7 to 9pm)**
- **June 17: Sports Awards (6:30 to 7:30pm (This is a date change originally scheduled June 4<sup>th</sup>))**
- **June 21 is National Indigenous Peoples Day**
- **June 26: No classes for high school students only for assessment and evaluation**
- **June 27: No classes for PP-12 for assessment and evaluation**
- **June 30: Last day of school**