

March 30, 2025

Hello West Bedford High Families,

Please see information and important dates below for the upcoming weeks.

Parent Series: Behaviour 101

Join SchoolsPlus and the Community Health Team for a parent session on behaviour! Behaviour 101 will focus on how to respond effectively to kids' behaviour and keep things calm at home.

Session topic: Behaviour 101

Date: Monday April 7, 2025

Time: 6pm - 8pm

This session will be offered virtually and in person at Kingswood Elementary.

To register to attend virtually - <https://forms.office.com/r/Pe0nL7JHJT>

To register to attend in person - <https://forms.office.com/r/gp8JyHCXFf>

For any questions, please contact the SchoolsPlus Facilitator at megan.tobin@hrce.ca

2. **Student Council (grades 9-12).** Applications are available at the main office for the 2025/26 Student Council. Positions, with duties, are shown on the application form.

Students wishing to apply for Student Council positions must complete the forms by no later than April 11, 2025.

Late applications will NOT be accepted after the deadline.

3. **Course Selection grades 10/11.** On Tuesday, April 1st during PBL, students in grade 10 and 11 will be inputting their courses into PowerSchool. Our school counsellor, Jen Williams will be doing a virtual walkthrough with all grade 10 homerooms and Craig Boyce will be taking each grade 11 homeroom class the computer lab to input their courses. For any students who miss this opportunity, they will need to come to student services for assistance with course input. The Portal will be closed at the end of the day so changes cannot be made by students. All course selections need to be inputted into PowerSchool by Friday, April 4.
4. **World Autism Awareness Day.** Recognizing and celebrating World Autism Awareness Day in our schools fosters inclusion, understanding, and support for those with autism spectrum disorder (ASD). On April 2 and every day, we strive to raise autism awareness among peers and educators, celebrate accomplishments and promote acceptance for those with ASD. Join us in creating a positive community where all students can thrive and learn about each other's diverse experiences.

- 5. Non-Instructional day (grades 9-11).** On Tuesday, April 1st, we will have our second high school non-instructional day. On this day, teachers will not be teaching new lessons. With some midterm assessments and Q3 report cards coming up, students can use this day to get extra help, catch up, or get ahead in any subjects where they need more time, complete possible redo opportunities in some courses, etc. This is a great chance to finish assignments before the quarter ends. Last time we did this in December students really appreciated the day and used it well.

Students in grades 10/11 must go to first period (PBL 10/11) and check in for attendance in any other classes they have that day. They have the option to work where they want and on what they want after they get attendance complete.

Students in grade 9 will move from class to class as usual, but will have the option to work on what they want in these classes unless the teacher has something scheduled they need to do, like a test or completion of assignment that is due.

- 6. Junior High dance April 10, 7-9pm (grades 7&8).** We will be having another junior high dance on April 10th. This dance is another fundraiser to support our extra-curricular activities at school (Arts and sports programs). RBC will be there again running our canteen and in turn for their volunteerism RBC provides the school with a \$1500 donation. Tickets will be \$10 and payment can be made through school cash online. This will be set up starting Wednesday this week. All profits from the dance tickets will be used for our programs listed above.
- 7. Measles prevention in Nova Scotia.**

We are sharing the following on behalf of Nova Scotia Public Health:

Measles cases are rising in Canada. Measles is a virus that spreads easily and can cause serious complications. The best way to prevent measles is vaccination. Nova Scotia offers free vaccines to eligible people. These can be given by primary care providers, pharmacists and Public Health. Parents are encouraged to check their family's vaccine records and get the measles vaccine if missing doses. Check your vaccine records at vaxrecordns.nshealth.ca.

Who should get vaccinated?

Anyone born in or after 1970 should get two doses of vaccine, typically given at 12 and 18 months. If missed, children and adults can catch up for free. Adults born before 1970 are generally considered immune but can get a single dose if travelling. Infants 6-12 months old can get a single dose if travelling but still require two doses after their first birthday to complete the series.

Find out more about measles vaccination: www.nshealth.ca/measles.

8. **Attendance reporting through email.** When reporting an absence through email please use wbhsa@hrce.ca. Please do not send the West Bedford High school email or your absence may not get recorded.
9. **Picking up and dropping off.** There has been an increase in vehicles entering the fire lane/loop at the end of the day to pick up students. This is the area where our special needs busses enter at the end of the day to ensure safe pick-up for our students. Please do not enter this area until after 4:00pm unless you have an accessible parking pass in which you can park in one of the accessible parking spots designated in the middle of the loop. All other pick -ups and drop-offs should be in the lower parking. Thanks for your support in keeping our students safe.
10. **YEARBOOKS!** DON'T MISS OUT, GET YOURS TODAY! YEARBOOKS ARE NOW ON SALE AT THE LOW COST OF \$50. ORDERS CAN BE MADE DIRECTLY THROUGH JOSTEN'S USING THE FOLLOWING LINK:

[West Bedford High School 2025 Yearbook](#)

Important Dates:

- **March 31: International Transgender Day of Visibility**
- **April 2: World Autism Awareness day**
- **April 3: PD day (no students)**
- **April 10: SAC meeting 6:00 – 7:00pm**
- **April 10: Junior High dance (grades 7&8) Time 7-9pm**
- **April 18: Good Friday – No classes**
- **April 21: Easter Holiday – No classes**